

## Information

### Tuck Shop Schedule

The Tuck Shop is open for business **Monday through Friday from 1:30pm-2:30pm** inside the **Front Office**. Please be advised that this time is subject to change.

### Exercise Equipment

Exercise Equipment is available for use/sign out in the **Lifestyle Office**. Please see Amber if you are interested in taking advantage of the equipment.

### Trust Accounts

Trust Accounts are out of **Theresa's Office** on the 1st floor. Hours are **Tuesdays from 10:00am to 12:00pm** and **Thursdays from 1:30pm to 2:30pm**.

### "Hair by the Bay" Salon Hours

**Tuesdays** 2:00pm until last appointment  
**Wednesdays** 9:30am to 5:30pm  
**Thursdays** 1:00pm until last appointment  
**Saturdays** 9:00 to 1:00pm (by appointment only)

### Leisure Binder

Check the leisure binder located at the **front desk** often for special events, outings, services and special activities to sign up for!

### Barrie Public Library Books

Large Print Barrie Public Library Books and DVD's are always available in the **Lifestyle Office**. Please ensure to sign out any items borrowed.

### Visitors

We kindly ask **ALL** Visitors to **sign in** at the front desk upon arrival and **sign out** when leaving. Don't forget to sanitize your hands! Thank you!

### Simcoe Terrace Library

Please feel free to enjoy the extensive collection of books in our North Lounge Library. All books are filed by Author and maintained by Resident Council.

# Simcoe Terrace Retirement Residence

October 2018 Issue



## Management Staff Listing

Michael Ayers, General Manager - michael@simcoeterrace.com

Theresa Stackhouse, Office Manager - theresa@simcoeterrace.com

Amanda Daley, RPN, Director of Wellness - amanda@simcoeterrace.com

Amber Head, Activity Director /Food and Beverage Manager- amber@simcoeterrace.com



*Simcoe Terrace*  
*Retirement Residence*

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# The Terrace Tribune

*Happy Thanksgiving!*



## Message from the GM

The hot weather seems to have finally come to an end and we are almost at Thanksgiving.

Heat is available in your rooms and we will soon begin to take the air conditioners out of the windows.

Alex has been off for a couple of weeks but will be back soon.

As you all know by now, Amber has been appointed Food and Beverage Manager in addition to her role as Lifestyle Consultant. She is busy now prepping new menus for fall and winter with a special emphasis on healthy options and a balanced diet. I know Amber will excel in her new role.

Amanda is off to Britain for a much needed vacation in October and we hope she has a wonderful time.

Have a great month of October Everyone,

Michael Ayers, General Manager

## Athletes of the Month

Shuffleboard #1: Evelyn F. 3099  
Shuffleboard #2: Barb R. 3011  
Bocce Ball: Team Yellow, Falk and Art  
Most Bingo Wins: Dorothy H. 5  
Ladder Ball: Red Team most wins  
Kurling: Red Team most wins  
Washer Toss: Leonie 260 points  
Bean Bag Toss: Leonie 203 points  
Darts: Anne F. 136 points  
Bowling: Leonie 49 points

## Resident Council

### Council Members of 2018

Margaret Milne—*Secretary/Library Committee*  
Judi Cadman & Barbara Lane—*Treasury/  
Fundraising*  
Falk Stethin—*Recreation Committee*  
Dorothy Hilliard—*Welcoming Committee*

*Bank Balance as of October 1st 2018:*  
\$1860 (Bank)  
\$500 (In House)  
\$2360 (Total)

Thank you for your continued support!

## Mental Gymnastics

Pictionary Charades: Diane C most wins  
Scrabble: Falk S. most wins  
Yahtzee: Diane C 329 points

## Welcome to ST!

We will be holding a Special New Resident Meet 'n' Greet on Friday November 9th at 1:30pm! All welcome to attend, a great way to break the ice and meet new friends!

## Highlights of the Month!

**Oct 1st—Pumpkin Painting**

**October 5th—Thanksgiving Themed afternoon! (lunch Club, art and craft and Thanksgiving history!)**

**October 8th—Thanksgiving Dinner**

**October 9th—Chappel Farms outing**

**October 10th and Oct 22nd—Municipal Elections—Cast your Vote!**

**October 15th—footcare**

**October 18th—Oktoberfest Day Activities!**

**October 23rd—A Halloween Autopsy**

**October 30th—Halloween Mask Making Craft**

**October 31st—Halloween and Costume Contest Party!**

**Upcoming in November...**

**Remembrance Day, Christmas Bazaar**

