# Information

### **Tuck Shop Schedule**

The Tuck Shop is open for business **Monday through Friday from 1:30pm-2:30pm** inside the **Front Office**.

Please be advised that this time is subject to change.

### **Exercise Equipment**

Exercise Equipment is available for use/sign out in the **Lifestyle Office.** Please see Amber if you are interested in taking advantage of the equipment.

#### **Trust Accounts**

Trust Accounts are out of **Theresa's Office** on the 1st floor. Hours are **Tuesdays from 10:00am to 12:00pm** and **Thursdays from 1:30pm to 2:30pm**.

### "Hair by the Bay" Salon Hours

**Tuesdays** 2:00pm until last appointment **Wednesdays** 9:30am to 5:30pm **Thursdays** 1:00pm until last appointment

Saturdays 9:00 to 1:00pm (by appointment only)

#### **Leisure Binder**

Check the leisure binder located at the **front desk** often for special events, outings, services and special activities to sign up for!

### **Barrie Public Library Books**

Large Print Barrie Public Library Books and DVD's are always available in the **Lifestyle Office**. Please ensure to sign out any items borrowed.

#### **Visitors**

We kindly ask **ALL** Visitors to **sign in** at the front desk upon arrival and **sign out** when leaving. Don't forget to sanitize your hands! Thank you!

#### Simcoe Terrace Library

Please feel free to enjoy the extensive collection of books in our North Lounge Library. All books are filed by Author and maintained by Resident Council.

# Management Staff Listing

Michael Ayers, General Manager - michael@simcoeterrace.com

Theresa Stackhouse, Office Manager - theresa@simcoeterrace.com

Amanda Daley, RPN, Director of Wellness - amanda@simcoeterrace.com

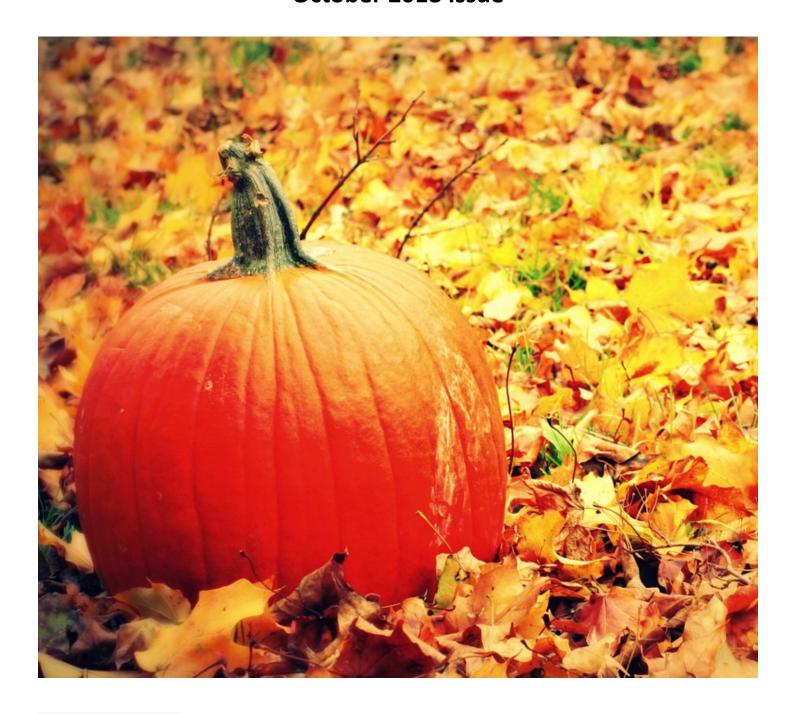
Amber Head, Activity Director /Food and Beverage Manager- amber@simcoeterrace.com



# Símcoe Terrace Retírement Residence

44 Donald Street
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# Símcoe Terrace Retirement Residence October 2018 Issue





# The Terrace Tribune

Happy Thanksgiving!

# Message from the GM

The hot weather seems to have finally come to an end and we are almost at Thanksgiving.

Heat is available in your rooms and we will soon begin to take the air conditioners out of the windows. Alex has been off for a couple of weeks but will be back soon.

As you all know by now, Amber has been appointed Food and Beverage Manager in addition to her role as Lifestyle Consultant. She is busy now prepping new menus for fall and winter with a special emphasis on healthy options and a balanced diet. I know Amber will excel in her new role.

Amanda is off to Britain for a much needed vacation in October and we hope she has a wonderful time.

Have a great month of October Everyone,

Michael Ayers, General Manager

### Athletes of the Month

Shuffleboard #1: Evelyn F. 3099
Shuffleboard #2: Barb R. 3011
Bocce Ball: Team Yellow, Falk and Art
Most Bingo Wins: Dorothy H. 5
Ladder Ball: Red Team most wins
Kurling: Red Team most wins
Washer Toss: Leonie 260 points
Bean Bag Toss: Leonie 203 points
Darts: Anne F. 136 points

### Resident Council

#### **Council Members of 2018**

Margaret Milne—Secretary/Library Committee
Judi Cadman & Barbara Lane—Treasury/
Fundraising
Falk Stethin—Recreation Committee
Dorothy Hilliard—Welcoming Committee

Bank Balance as of October 1st 2018: \$1860 (Bank) \$500 (In House) \$2360 (Total)

Thank you for your continued support!

### Mental Gymnastics

**Bowling: Leonie 49 points** 

Pictionary Charades: Diane C most wins

Scrabble: Falk S. most wins Yahtzee: Diane C 329 points

### Welcome to ST!

We will be holding a Special New Resident Meet 'n' Greet on Friday November 9th at 1:30pm! All welcome to attend, a great way to break the ice and meet new friends!

### Highlights of the Month!

Oct 1st—Pumpkin Painting

October 5th—Thanksgiving Themed afternoon! (lunch Club, art and craft and Thanksgiving history!)

October 8th—Thanksgiving Dinner

October 9th—Chappel Farms outing

October 10th and Oct 22nd—Municpial Elections—Cast your Vote!

October 15th—footcare

October 18th—Oktoberfest Day Activities!

October 23rd—A Halloween Autopsy

October 30th—Halloween Mask Making Craft

October 31st—Halloween and Costume Contest Party!

Upcoming in November...

Remembrance Day, Christmas Bazaar

